

LIFEMATTERS.COM CLASSES

Information for Court Mandated Parenting Classes

LifeMatters made the first parenting classes available online in 2002. These classes are **Guaranteed to be accepted by the Courts**. Online Rapid classes and online 8 week classes offer immediate free certificates and age-specific classes to help improve parenting skills using the powerful, practical parenting style based on the **Positive Discipline Books**.

We are counselors and after working many years in private practice, offer online parenting education. We are expert parenting coaches training parents in the principles and benefits of positive discipline.

We offer rapid certification and 8 week online classes. This parenting approach is based on the work of psychologist Alfred Adler and is a respected and proven method in raising cooperative, responsible children. Adler's concepts about children have been presented in many books by several authors. We have chosen to use the Positive Discipline series by Jane Nelsen, Ed.D, distinguished psychologist and educator. Her parenting book Positive Discipline, originally published in 1981 has remained a classic guide for helping children develop self-discipline, responsibility, cooperation and problem solving abilities. Along with co-authors, Ms. Nelsen has written over a dozen books focusing on implementing positive discipline for children of all ages. LifeMatters.com is authorized to deliver online parenting classes based on the Positive Discipline books.

Premium 8 Week Online Certification Parenting Classes - 8 Hours Credit

Parenting Young Children -3 to 6
Parenting School Age Children - 6-12
Parenting Teens - 12+
Stressless Single Parenting - All ages

Our 8 week online parenting classes are as close as you can get to in-person classes and still retain flexibility so parents can take a class that fits into their busy schedules. These classes take a minimum of 8 weeks to complete, no exceptions. The 8 week classes are 100% online and the class material is delivered over an 8 week period so parents can actually put into practice what they are reading about during the class. And, there is an expert parenting coach available 24/7 for personal coaching in how to implement positive discipline in their own families.

Each participant has access to a discussion board facilitated by a Marriage and Family Therapist for the duration of the class. To receive a Certificate of Completion a participant must fill out a feedback form each week which assesses their understanding of the information and that they are implementing what they are learning..

Rapid Certification Online Parenting Classes - 4 Hours Credit

Co-Parenting Divorce Online Class - all ages
Rapid Certification Babies and Toddlers Online Class
Rapid Certification Young Children Online Class
Rapid Certificate Respectful and Effective Parenting Online Class
Rapid Certificate Parenting Teenagers Online Class

Rapid Certification Online Parenting Skills Classes - 6, 8, 10 Hours Credit

All of rapid certification parenting classes (except the rapid divorce class), are based on the same material used in the 8 week classes. The Rapid Certification classes are also age specific and require the participant to read the online class material and pass an online test. The rapid certification class, Co-Parenting Divorce Class, is based on 'Divorce Book for Parents' by Vicki Lansky, appropriate for all age children and also requires the participant to read the class material and pass an online test. As soon as the test is scored and the participant has passed, the Certificate of Completion is available for printing. The rapid classes are designed for those parents who need a Certificate of Completion as soon as possible.

To earn a certificate a participant in a rapid class reads class material and must pass an online test. After passing the test their certificate is immediately ready for printing. All class material is 100% online and there is no waiting for a certificate to be mailed. The test is scored as soon as it is submitted. The rapid certificate classes are designed for parents who have been court ordered to take a 'general parenting class' or a 'co-parenting divorce class' as a requirement of a divorce proceeding or custody hearing. We offer these high quality classes to support those parents who may not have access to in-person classes.

There are 12 parenting classes to choose from. When a class is completed a Certificate of Completion is issued for the courts and/or child protection agencies. These classes are based on a respectful, democratic and practical approach to parenting with an emphasis on how to raise responsible, self-confident, cooperative children without being punitive or permissive.

ALL VALID CERTIFICATES HAVE:

- A unique number
- Name of the parenting class
- Participants name
- Date certificate was issued
- Signature of parent educator/facilitator

Rapid Certificate Online Parenting Classes (4 Hour Certificate)

- Classes for babies and toddlers, young children, school age children and teens
- Co-Parenting Through Divorce - for all ages of children
- 100% Online. Start Immediately
- Login and password sent immediately, no waiting for access to class material
- Read the online class material and pass the true/false and multiple choice online test
- Online test is available 24/7 and scored immediately
- Pass the test and the FREE Certificate is available immediately for printing
- Earn 4, 6, 8, and 10 hour Certificates of Completion
- Guaranteed to be acceptable by the courts or receive full refund

Premium 8 Week Online Parenting Class - Online Parenting Coach and Free 8 Hour Certificate

- Classes for young children, school age children and teens
- Single Parenting Class for children of all ages
- 100% Online. Start Immediately
- Login and password sent immediately, no waiting for access to class material
- Read the class material, put it into practice in your family, complete feedback forms for certificate
- 8 hour Certificate of Completion, accepted by courts or receive a full refund.

Plus Only at LifeMatters.com. Not Available Anywhere Else!

- Personal coaching from an expert Parent Educator 24/7 DURING the 8 week classes

We use the Positive Discipline books because:

Positive Discipline books continue to be updated and revised

Positive Discipline uses examples that are current with today's culture and problems

Positive Discipline promotes discipline that focuses on solutions rather than logical consequences

Positive Discipline challenges the idea that children need to feel bad to do better

Positive Discipline redefines time-outs as positive rather than punitive

Positive Discipline emphasizes kind and firm discipline without being permissive

Positive Discipline is non-punitive, non-violent principles are ideal for domestic violence concerns

Positive Discipline emphasizes understanding why adults are responsible for many behavior problems

Positive Discipline Jane Nelson, Ed.D. continues to write, lecture and present workshops

Sample Certificate of Completion



To apply for a certificate parents must certify the person for whom the certificate will be issued. Each participant must take his/her own class to receive a certificate.

ALL VALID CERTIFICATES HAVE:

- A unique number
- Name of class
- Participants name
- Date certificate was issued
- Signature of parent facilitator

Certificates are available for printing immediately upon successfully completing the class requirements. Certificates are kept in our data base for authentication purposes by individuals and agencies. To check on an issued certificate, call toll free 888.255.9757.

Our online classes have been accepted by courts nationwide and are guaranteed to be accepted by the courts or the participant will receive a full refund.

Online Class Facilitators

Phyllis Grannis , M. A., M.F.T.

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Marriage and Family Therapist

Parent Educator

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